



## Clive Branson

### MENTAL HEALTH ADVOCATE

Clive Branson is a UK mental health and resilience speaker who helps organisations address mental health, adversity and coping strategies through lived experience of serious illness, bereavement and recovery.

- Served in the Royal Air Force.
- Worked for around 17 years with the UK Ministry of Defence in employee and industrial relations roles.
- Founded a health and safety consultancy after leaving the Ministry of Defence.
- Diagnosed with motor neurone disease and prostate cancer.
- Experienced a severe mental health crisis requiring several weeks of inpatient psychiatric care.
- Delivers talks for workplace audiences and in UK prison settings.

## Clive Branson's 2026 Biography

### Key speaking topics

- Workplace mental health
- Resilience in adversity
- Coping with serious illness
- Bereavement and loss
- Communication and support in organisations
- Overcoming mental health crisis
- Personal accountability and perspective

### Ideal for

- Corporate conferences and leadership events
- HR and people function audiences
- Health, safety and wellbeing programmes
- Organisations addressing workforce mental health

### Audience outcomes

- Greater understanding of the impact of mental health crises
- Practical insight into coping with uncertainty and serious illness
- Perspective on resilience during prolonged adversity
- Increased awareness of supportive communication in the workplace
- Reflection on personal responsibility and mindset

### Why organisations work with Clive Branson

- Combines frontline military service and Ministry of Defence experience with lived experience of serious illness and mental health crisis.

### AVAILABLE FOR

- Speaking

### CLIVE'S SPEAKING THEMES

- Employee Wellbeing
- Health & Wellbeing
- Mental Health in the Workplace
- Resilience & Stress Management
- Storytelling & Business Communication

### LANGUAGES: English

- Brings credibility to workplace mental health conversations grounded in real organisational environments.
- Supports organisations seeking open, responsible dialogue about resilience and wellbeing.
- Engages diverse audiences, including corporate teams and custodial settings, with clear, direct delivery.

## Biography

Clive Branson brings a rare combination of public service experience and lived insight to conversations around workplace mental health and resilience. He served in the Royal Air Force before spending around 17 years with the UK Ministry of Defence in employee and industrial relations roles, supporting people through complex organisational environments.

Following his public sector career, he founded a health and safety consultancy, deepening his understanding of risk, responsibility and communication in the workplace. His professional background provides a practical framework for the issues he now addresses with organisations.

Clive's perspective is shaped by profound personal adversity. He has been diagnosed with motor neurone disease and prostate cancer, and has experienced bereavement within his immediate family. During this period, he also went through a severe mental health crisis linked to acute anxiety, requiring several weeks of inpatient psychiatric care.

Today, he speaks candidly about mental health, serious illness, resilience and coping under sustained pressure. His work supports organisations seeking to create open, responsible dialogue around wellbeing, leadership accountability and the human realities that affect performance. He delivers talks for workplace audiences and within UK prison settings, engaging diverse groups with clarity and directness.

For HR and people leaders, entrepreneurs and senior teams, Clive offers grounded insight into how individuals and organisations can respond constructively to adversity, strengthen supportive communication, and address mental health with credibility and integrity.

## Clive Branson's Videos





## What Clive Branson's clients say

We extend our sincerest thanks to Clive Branson for his remarkable contribution to our event. His message has not only enlightened but empowered us, fostering a culture of understanding and empathy that will resonate far beyond the confines of our meeting room. Clive has undoubtedly left an indelible mark on our hearts and minds, and for that, we are eternally grateful.

**Deborah Ronander**

*Global Programme Co-ordinator - TPM, SCLQ Lead - Europe, Ecolab*

If you are looking for someone to speak on overcoming adversity, building resilience and ability to reinvent oneself, I'd thoroughly recommend Clive Branson. Remarkable man, Inspiring story!

**Louise Lee**

*Correlia*

Dear Clive. It was an honour hosting you at our Showcase. The feedback has been phenomenal. You certainly ticked all the boxes where inspiration & motivation are concerned. Thank you very much for sharing your real-life story and the courage, versatility and attitude you've shown all the way through your life. Most encouraging indeed.

**Michael Khatkar**

*MK Viva UK Network*

Clive's talk was really well received. We had some lovely messages from attendees towards the end and people have said how moving and inspirational his story is.

**Valerie Badcock**

*Global Operations, GuyCarpenter*

Clive was invited to join us at Tindall Riley to speak about Men's Health. This is the first time we have organised an event to speak about this important subject. Clive was brilliant, his talk was incredibly moving and motivating for our staff. Clive's message is very profound; it has made all of the attendees think about what they are going through and not to be scared to speak out if they need help. It was an absolute pleasure meeting Clive and we wish him all the best with his career in motivational speaking as he is a natural.

**Grace Giddings**

*Human Resources Advisor, Tindall Riley & Co Limited*

I would like to recommend Clive Branson to you for potential Motivational/Inspirational Talks in the establishments in which you have links with.

Clive delivered his presentation on Friday 10th February 2023 and the response and engagement from prisoners was fantastic.

We are looking at Clive visiting every other month to enable a wider range of men and staff to hear Clive's presentation, as I feel this will have a great impact on others lives with some being able to relate to some of the situations Clive has dealt with throughout his life.

*UK Prison - Ministry of Justice*

We were absolutely honored to have Clive speaking at our Wellness Festival this year. Clive was incredibly inspirational and had the audience hanging on his every word. We are hoping he considers joining us in 2023! We were absolutely honored to have Clive speaking at our Wellness Festival this year. Clive was incredibly inspirational and had the audience hanging on his every word. We are hoping he considers joining us in 2023!

**Alice Collins**

*Wellness Festival*

A powerful and moving talk that leaves the audience feeling Clive's determination to not give up. An honest story about overcoming life's challenges and how resilience and hope can make all the difference! Thank you Clive, for sharing your experiences with our students, a true inspiration!

*Sandwell College*

It was great having Clive with us. He is very personable and engaging in person and the 45 minutes flew by. His story is quite amazing. We had many people walking out of the session talking about it to their colleagues sharing his story of resilience and found it quite empowering.

**Hannah Sims**

*Intermediate Capital Group*

Clive delivered a virtual session for our organisation on Thursday 25 May 2023. Everyone was so inspired by his story and message, which were delivered with passion and a sprinkling of humour. It's clear how enthusiastic Clive is about mental health awareness and the importance of a positive mindset and we thank him for coming to talk to us. Highly recommend to anyone looking for an inspirational individual to spark important conversations in the workplace and beyond!

**Becky Coates**

*Bionical Emas*

After listening to Clive's unbelievable story, I feel encouraged to deal with anything that life throws at me. In the face of adversity and everything life has thrown at Clive, his story not only resonated with staff but inspires resilience. Unbelievable resilience! If only we could bottle this up and sell it.

*HM Prison & Probation Service*