



Laura Bates

AUTHOR

Founder of The Everyday Sexism Project and author of *Fix the System, Not the Women*

- Laura Bates is the founder of the Everyday Sexism Project, an ever-increasing collection of over 200,000 testimonies of global gender inequality.

Laura Bates's 2026 Biography

Laura Bates - Best-Selling Author and Founder of the Everyday Sexism Project

Laura Bates is a best-selling author, keynote speaker, and founder of the Everyday Sexism Project, a continually growing collection of more than 250,000 testimonies highlighting gender inequality. Her acclaimed books include *Everyday Sexism* (shortlisted for Waterstones Book of the Year), the Sunday Times bestseller *Girl Up*, and *Fix the System, Not the Women*. Laura contributes regularly to publications such as *The New York Times* and *The Guardian*, and is a frequent media commentator and consultant for television productions addressing issues of gender inequality.

Laura collaborates closely with politicians, businesses, schools, and global organisations—including the Council of Europe and the United Nations—to promote equality and diversity. Her work also explores the growing business case for addressing gender inequality and misogyny in the workplace, recognising that tackling these issues significantly enhances performance and productivity.

Through her campaigning, alongside other activists, Laura has achieved major impact—persuading Facebook to revise its policies on rape and domestic abuse content, securing the inclusion of sexual consent and healthy relationships in the school curriculum, and improving the British Transport Police’s response to incidents of sexual violence. She is widely recognised as one of the leading voices of fourth-wave feminism.

In recognition of her influential work, Laura was awarded a British Empire Medal in the 2015 Queen’s Birthday Honours List, participated in President Obama’s White House Summit on the State of Women, and has been named Woman of the Year by *Cosmopolitan*, *Red Magazine*, and *The Sunday Times Magazine*. She has also appeared on the *Woman’s Hour Power List* and was part of the BBC’s inaugural 100 Women. Laura is an Honorary Fellow of St John’s College, Cambridge, and a Fellow of the Royal Society of Literature.

AVAILABLE FOR

- Speaking
- TV and Media

LANGUAGES: English

As a keynote speaker, Laura has addressed audiences around the world, delivering talks for leading global organisations including Google, the World Trade Organization, Viacom, Paramount Pictures, EY, and UBS.

Laura Bates's 2026 talks & topics

Everyday Sexism at School

Exploring the reality of gender inequality across our society and looking at the ways in which it manifests itself in young peoples' lives. Tackling issues such as intersecting injustice, media sexism, political inequality, gender stereotypes and sexual consent. Examining questions like 'what is sexual harassment?' Looking at how young people can play a vital role in creating a more equal future. As well as talks for students Laura also offers training for teachers and talks for parents.

Male Allyship

Workshops focused on what men can do to help. Against a broader backdrop of societal gender imbalance, exploring the ways in which stereotypes and expectations present challenges to men as well as women and deconstructing some of the myths and misconceptions that might prevent men from being part of positive change. An active look at practical, positive action male allies can take to shift stereotypes, support survivors and create change in their own sphere.

Workplace Equality

Starting with a contextual framework of the wider picture of gender inequality across politics, media, STEM, culture and the scale of violence against women in our society, before zooming in to look at how these issues manifest themselves uniquely within the workplace. Exploring the complexity of workplace harassment and discrimination, the ways it intersects with other forms of prejudice such as racism and homophobia and the barriers to reporting. Highlighting the business case for tackling the problem and suggesting robust and actionable solutions from both an organisational and individual perspective.

Incels and extremist misogyny

A journey inside the secretive online world of the 'manosphere', lifting the lid on over 2 years of undercover research, infiltrating communities from incels and men's rights activists to pickup artists and 'men going their own way'. A comprehensive overview of this little-understood form of extremism, including close examination of radicalisation and recruitment techniques, particularly impacting vulnerable young people, and some of the ways in which teachers, parents and law enforcement can recognise potential red flags and play a positive role in supporting young people who might be at risk.

Laura Bates's Videos



What Laura Bates's clients say

Thank you so much for today, it was an amazing message for our school community to hear. Thanks for planning and delivering it so well. The content is so important and for all of us who have been subject to sexism in all its forms. You pitched it perfectly and your mastery when it came to adapting it for the older ones was impressive. The staff room was buzzing and so were our kids.

Mrs Becky Wilcox

Head of PSHEE and Careers, Westbourne School

On behalf of the partners of Taylor Wessing LLP I just wanted to say a huge thank you to Laura for presenting at our offices last week. Her presentation was pitched at just the right level and was considered by us all to be a huge success - hard hitting but thoughtful and insightful at the same time. We've had some great feedback from many of the attendees and that is exactly what we were hoping to achieve.

Tandeep Minhas

Partner, Taylor Wessing LLP

What an inspirational talk for us! Thank you so much for delivering such an empowering and encouraging message with such clarity, confidence and intelligence. Girls and staff were all raving about it afterwards.

Lucy Elphinstone

Headmistress, Francis Holland School

Brilliant, brilliant, brilliant. Thank you so much – by far one of the most engaged audiences we've had and I'm not surprised – as someone has said it's just such a beautifully simple idea it's delightful to see the fires it's lit. Really well done.

Elaine Arthur

Account Manager, Ogilvy

Many thanks for your fantastic talk at GSS. For many people, yours was the highlight of the conference.

Max Harris

Global Scholars Symposium, Oxford University

I have never known such a response to a speaker before. So many staff and pupils have spoken to or emailed me already, saying they think you should come back next year – or next week actually! – as you were the most amazing speaker we've ever had and your topic and project are so hugely relevant. I felt as though my eyes had been opened.

Cathy Scott-Burt

Head of Enrichment, Bablake School

Your talk was fantastically engaging and debunked so many of the myths we hear and even hold subconsciously as women. My colleagues were still talking about your talk at lunchtime – people left the room very invigorated and spurred to action.

Bethan Chatters

CFO, Allen & Overy LLP

Your visit last time was truly inspirational for all. It was a wonderful highlight of the year... a truly fabulous session. If I may say so, there was no finer guest speaker in my nineteen years here.

Simon Etheridge

Bishop, Stortford High School

Genuinely had a bit of a cry listening to Laura. Don't know if it's just feeling validated and that my own experience isn't me 'being dramatic'. But thank you. Incredibly stark and scary but I think that having a talk like this really had a massive impact.

O2 talk

I have received many positive comments from staff and boys alike about the day and I would like to thank you once again for the tremendous work that you did for us.

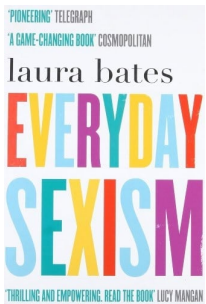
Dr Bob Stephenson

Deputy Headmaster, Eton College

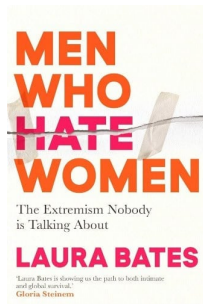
Laura was an absolutely brilliant speaker — her presentation was accessible, powerful, impeccably researched and evidenced and engaging. It was a masterclass and did a tremendous amount to elevate our event and the dialogues that took place during it.

Organiser, YoungPOWER conference

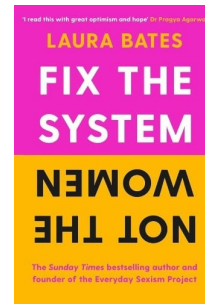
LAURA'S LATEST BOOKS



Everyday Sexism



Men Who Hate Women: From incels to pickup artists, the truth about extreme misogyny and how it affects us all



Fix the System, Not the Women