



Mallory Weggemann

Championing Limitless Possibilities Through Sport and Storytelling

- Four-time Paralympian, most recently medaled at Paris 2024 Games: gold and silver in swimming.
- Seven-time Paralympic medalist, including 4 gold, 2 silver, and 1 bronze.
- Renowned American and world record holder in Para Swimming.
- ESPY Award winner; Emmy Award-winning host for NBC Sports' Paris Olympics coverage.
- NBC Sports reporter and correspondent for 2018 and 2022 Winter Paralympics, host debut in 2024 for Paris Olympics on CNBC and E!.
- Author of "*Limitless*," her celebrated memoir exploring hope, resilience, and empowerment.

Mallory Weggemann's 2026 Biography

Mallory Weggemann: From Paralympic Triumph to Empowerment Advocate

Mallory Weggemann stands as a symbol of boundless achievement and transformative storytelling, inspiring audiences from boardrooms to classrooms worldwide. A four-time Paralympian for Team USA, Mallory etched her legacy most recently in the Paris 2024 Games, where she clinched gold and silver medals in Para Swimming, bringing her tally to seven Paralympic medals—including four golds, two silvers, and one bronze. Her remarkable athletic career is further marked by multiple American and world records, alongside recognition as an ESPY Award recipient and Emmy-winning broadcast host.

Her passion for sport serves as a launching pad for powerful advocacy. Beyond the pool, Mallory broke new ground as a reporter and studio correspondent for NBC Sports during the 2018 and 2022 Winter Paralympics, and in 2024, she made her hosting debut for NBC at the Paris Olympics on CNBC and E!, earning an Emmy Award for her work. That same year, she and her husband, Jay Snyder, co-directed the documentary '*WATERSHED*,' which aired on Peacock, exploring their personal journey—including struggles with infertility and the critical role of IVF amidst changing societal landscapes.

Her 2021 memoir, "*Limitless*," is a testament to hope and resilience—a raw yet empowering account of her journey after paralysis at age 18. The book champions the idea that obstacles do not define one's future, but can be catalysts for purpose and empathy. Drawing from her own experience, Mallory leverages platforms across media, sport, and business to champion authentic representation for the disability community, striving to drive systemic change in workforce, entertainment, and

AVAILABLE FOR

- Speaking

MALLORY'S SPEAKING THEMES

- Diversity, Equity & Inclusion
- Health & Wellbeing
- Leadership
- Motivation and Inspiration
- Peak Performance
- Resilience & Stress Management
- Team Leadership

LANGUAGES: English

athletics.

Whether delivering keynote addresses to Fortune 100 leaders or partnering with brands for inclusive content, Mallory's leadership is rooted in her belief that every story, regardless of challenge, can inspire progress. Her role as Co-Founder and Co-CEO of the TFA Group amplifies voices within the Paralympic Movement and beyond, combining commercial innovation with heartfelt advocacy.

Mallory Weggemann's relentless optimism and commitment make her a sought-after partner for organizations devoted to diversity and inclusion. Through storytelling, sport, and personal example, she empowers individuals and organizations alike to seek—and achieve—their limitless potential.

Mallory Weggemann's 2026 talks & topics

Small Steps, Big Impact: A “Small Victories” Approach to Leadership

According to Mallory Weggemann, one of the keys to leadership is to tackle a seemingly insurmountable challenge by achieving small victories along the way. While fighting her way to the Rio Paralympic Games in 2016 after suffering a debilitating arm injury, Weggemann discovered one of the greatest qualities leaders possess is the ability to adapt—particularly in the face of overwhelming obstacles. She then continued to apply her philosophy to her training following Rio, with an epic comeback including 3 medals at the 2020 Tokyo Paralympic Games.

Outside of sports, she applies this resilience to every facet of life, from her training to her decision to learn how to walk down the aisle at her wedding. Through reflection and raw honesty, Weggemann teaches audiences how to celebrate small victories and to use setbacks as tools to develop teams.

Personal Stories: Finding the “Why?”

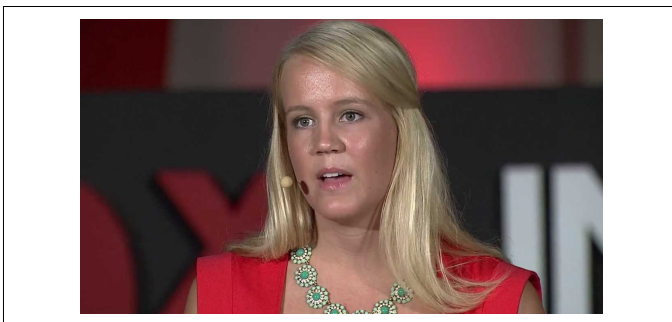
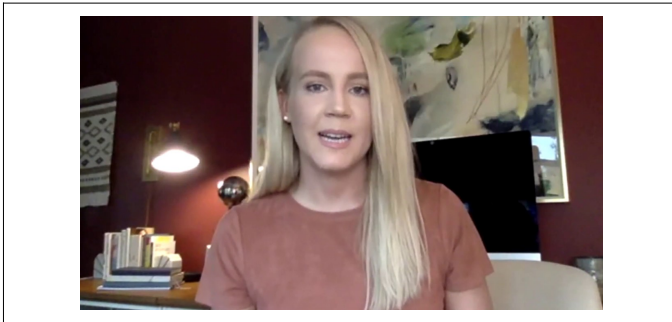
Mallory Weggemann describes the day she became paralyzed back in January 2008 and her initial struggles to cope with the fact that her life had changed in the blink of an eye. After months of self-reflection, Weggemann began to find answers to her number one question—why? Committed to the belief that everything happens for a reason, she shares her emotional journey, including the debilitating injury that affected her 2016 Paralympics and set her on the path toward a 2020 comeback in which she won 2 gold medals and one silver. In this powerful discussion, Weggemann sends audiences on a journey of their own self-reflection as she challenges everyone to realize their own paths as she insists that no odds are too large to overcome.

Grit, Resilience and Triumph Over Any Obstacle

“You’re the best. You can make a difference and change the world.” The phrase, spoken to Mallory Weggemann by her father each day growing up, is among her core beliefs. Weggemann emphasizes that no matter your disability, everyone is able to overcome and ultimately make a difference in the world. With her unique ability to make audience members feel as if they are involved in a personal

conversation, Weggemann teaches how to locate the grit and resilience necessary to keep moving in the face of setbacks.

Mallory Weggemann's Videos



What Mallory Weggemann's clients say

The group absolutely loved her! As did the staff. She was a wonderful and inspirational speaker and so graceful! She was definitely a highlight of the trip and we hope to have her back to speak again.

Financial Services

Goosebumps, chills, tears and smiles – experienced them all.

Manufacturing

Mallory was AMAZING!!! You could hear a pin drop in the room with an audience of 450+.

Universities & Colleges

That was truly an awe inspiring message!! Thank you for the gift of your story!

Manufacturing

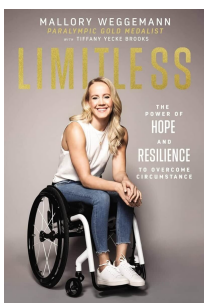
Mallory Weggemann was fantastic! What poise and grace! Her story is powerful, and she is so well spoken.

Insurance

This has really awakened feelings within in me that I have not faced for so long, so thank you for words of inspiration.

Manufacturing

MALLORY'S LATEST BOOKS



**Limitless: The Power of Hope
and Resilience to Overcome
Circumstance**