



Robin Ince

AUTHOR

Most organisations talk about neurodiversity in policy documents and stop there. The people actually living it, late-diagnosed, often senior, often successful in spite of their wiring rather than because of it, get little useful guidance, and their teams get less. Curiosity, attention and difference are treated as HR categories rather than as the raw material of how good work actually happens.

Robin Ince is a comedian, broadcaster and author who helps organisations rethink curiosity, attention and neurodiversity through the lens of his own late ADHD diagnosis and two decades of putting scientists, comedians and writers on the same stage.

Robin Ince's 2026 Biography

Why organisations work with Robin Ince

- Sixteen years co-hosting *The Infinite Monkey Cage* with Brian Cox gave him a working method for translating serious ideas into language a general audience can act on. Few speakers have practised that craft at that scale.
- His account of late-diagnosed ADHD in *Normally Weird and Weirdly Normal* is one of the most widely read first-person treatments of adult neurodiversity from a recognisably high-functioning public figure. That makes him useful to leadership audiences who do not see themselves in standard neurodiversity training.
- He brings genuine comedy timing to material that is usually delivered flat. Boards and senior leadership offsites can absorb difficult content from him that they would resist from a clinical speaker.
- He carries credentials that survive scrutiny in any room: Honorary Fellow at UCL, honorary doctorate from Royal Holloway, Fellow of the British Science Association, Booksellers Association Author of the Year.

Biography highlights

- Co-host of BBC Radio 4's *The Infinite Monkey Cage* with Professor Brian Cox, 2009 to 2025; the show won the 2011 Sony Gold Award for Best Speech Programme.
- Honorary Fellow of University College London and honorary Doctor of Science of Royal Holloway, University of London.
- Author of *I'm a Joke and So Are You*, *The Importance of Being Interested*, *Bibliomaniac*, and *Normally Weird and Weirdly Normal: My Adventures in Neurodiversity*; co-author with Brian Cox of *How to Build a Universe*.
- Booksellers Association Author of the Year, 2022; Time Out Outstanding

AVAILABLE FOR

- Speaking

ROBIN'S SPEAKING THEMES

- Creativity
- Diversity, Equity & Inclusion
- Mental Health in the Workplace
- Neurodiversity
- Storytelling & Business Communication

LANGUAGES: English

Contribution to Comedy, 2006; multiple Chortle Awards including Best Compere.

- Co-founder of the Cosmic Shambles Network and creator of *Nine Lessons and Carols for Curious People*, the annual science variety show that has run since 2008.
- Public advocate on adult ADHD and neurodiversity following his own late diagnosis, anchoring his current touring show *The Universe and the Neurodiverse*.

Biography

The Infinite Monkey Cage ran on BBC Radio 4 for sixteen years and won the Sony Gold Award for Best Speech Programme along the way. Robin Ince co-presented it with the physicist Brian Cox throughout, and the working method he developed there sits at the centre of what he now offers organisations: serious science, philosophy and literature delivered in language a general audience will actually use.

That method has produced four solo books and one co-authored with Cox. *The Importance of Being Interested* and *Bibliomaniac* established him as a writer on curiosity and reading culture. *Normally Weird and Weirdly Normal*, published by Macmillan in 2025, did something different. Following his own late ADHD diagnosis, he wrote a first-person account of adult neurodiversity that has been unusually well received by readers who do not see themselves in standard workplace material on the subject.

The credentials behind the work are real. He is an Honorary Fellow of University College London and an Honorary Doctor of Science of Royal Holloway. He is a Fellow of the British Science Association and was Booksellers Association Author of the Year in 2022. He co-founded the Cosmic Shambles Network and has curated the *Nine Lessons and Carols for Curious People* science variety show every December since 2008.

For corporate audiences the proposition is specific. He is useful when a leadership team wants to talk seriously about neurodiversity and curiosity without flattening either into HR language, and he is one of very few speakers who can take a room from a research finding to a usable insight to a genuine laugh in the same minute.

Key speaking topics

- Adult neurodiversity and late ADHD diagnosis
- Scientific curiosity as a habit of mind
- Communicating complex ideas to non-specialist audiences
- Humour and humanity
- Reading culture and the value of attention
- Science, music and comedy as a single conversation

Ideal for

- Leadership teams and HR directors building neurodiversity work that goes beyond policy
- Boards and senior offsites looking for substantive content delivered with comedy timing
- Innovation, R&D and learning functions who want to reset what curiosity looks like in practice
- Conference organisers programming a science, culture or curiosity strand

Audience outcomes

- A working vocabulary for talking about adult ADHD and neurodiversity in senior settings
- A clearer sense of why attention, not information, is the scarce resource in their organisation
- Specific examples from sixteen years of putting scientists in front of general audiences, with the lessons that translate
- Permission to be more interested in their own work, which most leaders need more than they admit

Robin Ince's 2026 talks & topics

The Universe and the Neurodiverse

A talk drawn from Ince's late ADHD diagnosis and his *Normally Weird and Weirdly Normal* memoir, exploring how neurodivergent attention shapes thinking, work and creativity.

Key takeaways:

- A first-person account of adult neurodiversity from a recognisably high-functioning public figure
- A reframing of attention and distraction as raw material rather than deficit
- Practical language for leaders to use about cognitive difference at work

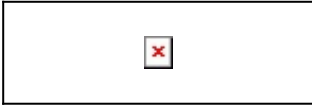
The Importance of Being Interested

A talk built on his book of the same name, on scientific curiosity as a discipline that can be cultivated by non-scientists.

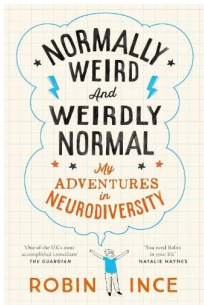
Key takeaways:

- Why curiosity is a habit, not a personality trait
- How serious scientists actually think, drawn from years of interviewing them
- The cost to organisations of confusing certainty with intelligence

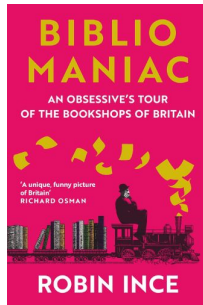
Robin Ince's Videos



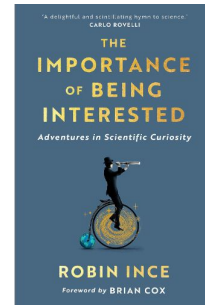
ROBIN'S LATEST BOOKS



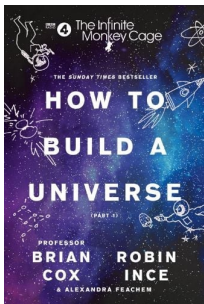
Normally Weird and Weirdly Normal: My Adventures in Neurodiversity



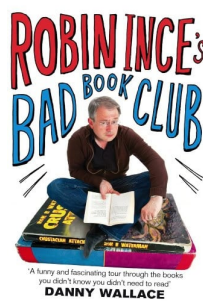
Bibliomaniac: An Obsessive's Tour of the Bookshops of Britain



The Importance of Being Interested: Adventures in Scientific Curiosity



The Infinite Monkey Cage - How to Build a Universe



Robin Ince's Bad Book Club: One man's quest to uncover the books that taste forgot