



## Tim Bradshaw

ADVENTURER / EXPLORER

Former British Army intelligence officer and peak performance expert

A former British Army Intelligence Officer and graduate of the Royal Military Academy, Sandhurst, Tim Bradshaw is a keynote speaker who equips individuals and teams with the right tools and skills to deliver high impact performance in high pressure settings.

### Tim Bradshaw's 2026 Biography

#### Tim Bradshaw: Resilience, Influence & Leadership Expert

Tim Bradshaw is an internationally recognised keynote speaker and leadership consultant, renowned for equipping organisations and their teams to achieve high-impact results under pressure. A former British Army Intelligence Officer and graduate of the Royal Military Academy, Sandhurst, Tim draws from operational expertise that includes directing covert intelligence missions and leading global teams through extreme circumstances.

Having recruited and managed foreign agents across diverse environments, Tim's insights into decision-making, building trust, and influencing outcomes remain unmatched. Since transitioning from military operations to the corporate world, he has worked with top companies including Mercedes-Benz, Deloitte, Knight Frank, Clyde & Co, St James's Place, Jaguar Land Rover, Netflix and Fujifilm Europe.

Tim is the founder and director of Sandstone Communications, a leading consultancy specialising in leadership, resilience, and team effectiveness. He is also CEO of the Sandstone Foundation and an author, most notably of "Because I Can," a robust guide to mastering effectiveness and responding resiliently to professional challenges.

#### Business Challenges Addressed

- Leading through periods of high uncertainty and change, supporting culture transformation and effective change management.
- Enhancing leadership skills to overcome fear of failure and empower team-driven decision-making.
- Improving communication and trust-building for business development and client rapport.
- Building resilience and mental stamina to boost wellbeing, engagement, and productivity in high-stress industries.

#### AVAILABLE FOR

- Speaking

#### TIM'S SPEAKING THEMES

- Leadership
- Resilience & Stress Management
- Risk Management
- Team Leadership

#### LANGUAGES: English

- Translating lessons from military intelligence into actionable strategies for crisis management and sustainable competitive edge.

## **About Tim Bradshaw**

Tim Bradshaw is a former British Army Intelligence Officer and graduate of the Royal Military Academy, Sandhurst. His work as a Covert Human Intelligence Officer and Target Acquisition Patrol Soldier saw him recruit and run foreign agents worldwide, and influence the outcome of extremely sensitive and dangerous situations.

Tim's knowledge and experience of understanding and dealing with pressure and change, effective decision making and building resilience, forms the basis of the work he carries out with clients and audiences worldwide. Recent clients include Mercedes-Benz, Deloitte, Knight Frank, Clyde & Co, St James's Place and Jaguar Land Rover.

Since leaving the British Army, Tim founded, and is a director of Sandstone Communications, an international leadership and team building consultancy.

In response to the crisis in Ukraine, Tim has used his expertise to lead a team that has delivered over 15,000 meals, 500 sleeping bags and 300 trauma kits to those volunteering in an active warzone. As part of this effort, Tim has travelled throughout Ukraine in 2022 to teach skills in trauma first aid, and teach volunteers how to effectively utilize these skills in high-stress situations.

## **Tim Bradshaw's 2026 talks & topics**

### **Decision making under pressure**

Ever felt paralysed at the thought of making a decision, or breathless at the consequence of getting a decision wrong. Tim shares the tricks and training used by British Army Intelligence Officer's to make decisions under pressure when the consequences could be the difference between life and death.

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### **Influencing outcomes**

You are about to meet a dangerous stranger and need to win their trust and influence their behaviour. Get it right, you dictate the outcome of the meeting and obtain the critical information you need. Get it wrong, they may kill you. Tim exposes the techniques used to build rapport, reassurance and trust and how this translates into corporate life and creating an environment in which people and teams can thrive and develop.

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### **No Change, No Opportunity**

Working in intelligence, if there is no change in circumstances or values there is no opportunity. As an

Intelligence Officer, Tim actively sought and created changing circumstances, and explains how rather than fearing change, it should be welcomed (by teams and individuals) as an opportunity to adapt, enhance and gain a competitive advantage.

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### **Resilience**

Imagine performing mental agility tests having been kept awake for two days or being asked to go for a run with no end in sight. Selection to be a Covert Intelligence Officer is designed to test your mental and physical resilience to a level few can imagine. Tim explores and teaches the secrets of how to build resilience, along with the tricks that enable individuals to keep going when all seems lost.

## **Tim Bradshaw's Videos**



## **What Tim Bradshaw's clients say**

A huge hit with the delegates, it led to us inviting Tim back for several audiences across the business.

*General Manager UK, Jaguar Land Rover*

Great session with Tim Bradshaw last week. "Intelligence not Information" offered a fresh perspective on building rapport and trust with clients.

**Ruth Heaton**

*Head of L and D and Thrive, Gateley PLC*

It is great that those who attend the sessions always remark on the content and the way in which Tim brings his own experience to the sessions to make them even more valuable.

*Head of talent development, Taylor Wessing*

Tim steps up in moments of crisis and tirelessly delivers performances that make a positive impact on our business.

*Head of network, Mercedes-Benz cars Middle East*

Tim draws with great effect on extensive real-life experience from his military, personal and business background to share practical and often challenging advice on effective approaches to leadership, management and intelligence.

*President, Scottish Engineering*

Having worked with Tim a number of times at our events, I can happily say one of the best speakers we've ever had. Tim gave a great talk at our summits and has always directly engaged with the room, encouraging lively discussion, making people think.

*Senior content manager, With Intelligence*