



Niven Postma

Consultant, [author](#), MD of Niven Postma, Inc and Lecturer at Henley Business School

Niven Postma is a [strategy](#), [leadership](#) and [culture](#) consultant partnering with clients in diverse industries around the world, to (re)ignite the discretionary energy of people and teams, build an enabling culture and develop meaningful strategies.

Niven's biography

About Niven Postma

An expert in organisational politics, Niven is the [author](#) of the best-selling book *If you don't do politics, politics will do you – A guide to navigating office politics ethically and successfully* (published in 2020). Her articles and ideas can be found in various well respected media and podcasts. Niven is a Harvard Business Review contributor and a visiting lecturer at Henley Business School.

Niven has had a wide and varied executive career across multiple organisations and sectors, including CEO of the Businesswomen's Association (BWA), CEO of NOAH (Nurturing Orphans of AIDS for Humanity), Head of External Strategy and Head of the SARB Academy at the South African Reserve Bank, and Head of Leadership and [Culture](#) for the Standard Bank Group.

Her keynotes on organisational politics, [leadership](#), culture and women's leadership have been delivered to audiences of up to 60,000 people.

Niven is a Doctoral student and holds an Executive MBA in Systems thinking, Human capital development, knowledge [management](#), leadership and change. She also holds a Postgraduate Diploma in Future Studies and a BA in English Political Science. Niven has been awarded with the Archbishop Tutu Leadership Fellowship in 2007.

Niven has served as Reserve Police Officer for 2 years and is Chairperson of the Board at Cotlands. She lives in Johannesburg with her partner and gets to be the proud and happy aunt to 6 nibblings in South Africa, Kenya and New Zealand.

Niven's talks

- **If you don't do politics, politics will do you...**

Anything complex will always have more than a single story, but all too often we fall into the trap of the one dimensional, because it doesn't even occur to us to look for more.

Exactly the same is true when it comes to office politics. There is so much more to office politics than the single negative and destructive story that we hear and tell ourselves.

This practical and eye-opening keynote is based on my recent book and draws on my 20 year experience as an executive, together with insights from some of the leading business thinkers of our time, It will open your eyes to the real definition of office politics, convince you that it's possible to play politics without sacrificing your principles and teach you how to use politics to advance your career and build your organisation.

- **Paradigm shift: curiosity, resilience and leadership in an era of [disruption](#)**

Year after year, Gallup's Global [Employee Engagement](#) Survey shows that, irrespective of company, industry or country, more and more employees are disengaged. And yet, studies have shown that upwards of 80% of adults would want to work even if they financially didn't need to. It is time for a paradigm shift where leaders encourage curiosity, nurture resilience and disrupt their industry. It is time for people to continuously acquire new skills and unlearn past routines. And it is time for organisations to understand the importance of a culture that allows for great things to happen.

- **Women's leadership – from systems and views to actions**

Sexism and racism are systems and world views rather than (only) individual actions. As such, I think we miss a big part of the point when we focus only on women executives and the challenges that they face rather than starting right at the beginning to understand some of the challenges that all girls and women face in society.

The first thing it affects is the female body. The second is women's unpaid care burden. And the third aspect is male violence against women, including the disproportionate impact that war and conflict have on women. That said, even in 'peaceful societies the scourge of domestic violence is always present and worsens at times of economic difficulties.

- **Managing disruption in the now normal**

With the ever-increasing rate of change that we are all dealing with, individuals, organisations and leaders all need to become better equipped to deal with what is our "now normal"; a disruption that will continue for years to come and unfold in many ways that for now we can only guess at. In this disruption, we will undoubtedly be confronted with many more challenges but so too will we have many more opportunities – opportunities for growth, learning, collaborating and doing what really matters.