



## **AP McCoy**

**National Hunt champion jockey and former BBC sports personality of the year, co-presenter for ITV racing and speaker**

Sir Anthony McCoy is one of the greatest sporting personalities of all time, dominating his sport for 2 decades. The 20 times Champion jockey and world's greatest has set records we won't see broken in our lifetimes.

## **AP's biography**

### **AP McCoy's Background**

AP rode a record 4,358 winners and was Champion Jockey a record 20 consecutive times. He was named BBC's Sports Personality of the Year, achieved several lifetime achievements and is currently a presenter for ITV, an ambassador for several global business corporations & President of the IJF and PJA.

AP's keynote speeches, Q&As and [motivational workshops](#) inspire audiences across the globe, as he discusses common values such as strength, winning mentality, success, trust, changes in strategy, professionalism, endurance as well as sport meets business.

## **AP's talks**

- **Horse Racing**

- **Remaining at The Top**
- **The Key Ingredients for Success**
- **Overcoming challenges & career pressures**
- **How to maintain focus, determination**
- **Team work, loyalty, trust**
- **Sports Meets Business**
- **Maintaining success at the highest level**
- **Strategy, setting goals & achieving targets**
- **Overcoming Adversity**
- **Balancing an obsession to win with a fear of failure**
- **Managing a healthy work & life balance**
- **Exceeding expectations & managing success**
- **Inspiring audiences with his phenomenal career achievements**
- **Pushing mind & body being their limits**
- **Providing an insight into the Mind of A Champion**