



Jamil Qureshi

Performance coach, psychologist, author & keynote speaker

Jamil Qureshi is one of today's foremost practitioners of performance-enhancing psychology.

Jamil's biography

Jamil Qureshi's background

Jamil Qureshi is an expert in the psychology of performance and has worked with some of the most talented business and [sports people](#) in the world. He's ranked among the most influential figures in British sport and has worked successfully with three English Premiership football clubs. He is a legendary figure in golf becoming the first-ever official psychologist with the European Ryder Cup team. He works regularly with business teams to maximize their potential and effect change.

- Worked with 22 of the world's top 50 golfers
- Voted in the top 100 most powerful men in golf by his international peers 2009
- Works with business teams to fulfill potential and create change
- Defines 'the difference that makes the difference' in both sport and business performance

Jamil Qureshi is the master of high performance psychology working with top sportsmen around the world. He has had a significant influence on the world of golf where he was appointed the first-ever official golf psychologist to the successful European Ryder Cup team in 2006 by captain Ian Woosnam. He has worked with 22 golfers inside the World Top 50 including Colin Montgomerie, Sergio Garcia and World Number 1. He has also worked with English Premiership football clubs, Formula 1 racing drivers and England cricketers.

He works with talent across the board from fighter pilots to medical teams as well as with business leaders – in over 24 different countries last year alone. He helps teams to fulfill their potential by

orchestrating change and performance programmes he has worked at board level with Coca Cola, Hewlett Packard, Emirates Airlines and Royal Bank of Scotland. He has also led [change management](#) teams himself, re-setting standards at Marks and Spencer and with the Post Office. He is a lecturer on the prestigious WorldProgram, in the US, UK and China through Ashridge, Fordham Business School and Qing Dao University. He is the founder of change consultancy JQED, the creator of Mind Shaping and is the performance and content director at the Loudhouse consultancy. He is one of the few external psychologists ever to be allowed to study astronauts on the NASA Space Programme. He used to be a regular at Londons Comedy Store and spent two years working with TVs award-winning mind reader, Derren Brown.

Jamil's talks

- **Leadership psychology**
- **Turning Ambition into Achievement: How to make the difference**
- **ResponseAbility: Why the key ingredient of success is choice**
- **Sustainable Relationships: the future of business**
- **Leading cultural change**
- **Blame Looks Backwards, Responsibility Looks Forwards: How to create ownership**
- **Complexity and Uncertainty, so what: How focus and purpose can cut through circumstance**
- **The psychology of performance**
- **Engaging employees**
- **Engagement: Rhetoric or Reality**
- **The Disruptive Leader: How leaders can optimise opportunity by breaking habits**