



Philip Gimmack

CEO, lead facilitator and executive coach in emotional intelligence development

Philip specialises in introducing or deepening emotional intelligence ideas and skills in thought-provoking and powerful ways.

Philip's biography

Philip has a way of using simple yet poignant language, humour and imagery to connect quickly and fully with his audiences. His easy yet highly engaging style inspires people to think differently and sparks new thinking and imagination in ways few speakers do.

He is a leader in Emotional Intelligence development and receives exceptional feedback as both facilitator and [motivational speaker](#). Combining 25 years of change-management and psychological experience gives him unique perspectives on how businesses and people work better, together. He develops people and teams focusing strongly on high performance and leadership.

Philip is certified as an NLP Psychotherapist in 1998, is a certified professional coach, licensed to test and coach using the EQ-i 2.0 / A.R.T psychometric instruments. He also designed the innovative emotional intelligence assessment, The A.R.T., a highly insightful psychometric tool for building communication and relationship skills.

Philip Gimmack Motivational Speaker

Philip's talks range from 30 minutes to full training courses over several days!

As a motivational speaker he has a way of helping people think and feel differently so they can personally grow and perform better. He helps them engage and communicate more powerfully in areas such as coaching skills, emotional intelligence, building resilience, employee engagement and leadership. His is a very real, from the ground up, interaction around emotions and their importance that applies to everyone and with minimal jargon.

Focusing strongly on leadership, he empowers with his thought-provoking keynotes. They are aimed at

self-empowerment, are fun and stimulate new ways of thinking.

Philip helps to focus on what's important, to re-focus and encourage bolder, more authentic behaviours and the [building of powerful self-belief](#).

His talks re-enforce the belief that all performance starts with personal leadership and responsibility and uses an emotionally intelligent view of [leadership](#) to focus on exactly what skills and behaviours someone needs to make the greatest difference to their performance.

As an experienced [change management](#) consultant he has a deep appreciation of organisations, their people and how they work best together.

Philip's talks

- **Resilience in a nutshell**
- **Uncovering your Emotional Intelligence**
- **10 tips to building EQ**
- **Motivation through EQ & NLP**
- **Why EQ is leadership**
- **Emotions as the technology of change**
- **How EQ nurtures diversity**

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