



Natalie Turner

Presenter, host and speaker on fitness, health and well-being

Natalie is a talented TV presenter, live event host and a brilliant inspirational and motivational speaker on fitness, health and well-being

Natalie's biography

Natalie Turner's background

Natalie has extensive experience presenting with Disruptive Live – a web TV channel for [technology](#), business and entrepreneur news.

Hosting shows with some of the biggest top tech giants at events and exhibitions around the world, Natalie has excellent interviewing skills and is a natural on camera.

Natalie makes regular appearances on TRT World's 'Behind the Headlines' discussing her views on the latest news to hit the screens.

Natalie began her presenting career [hosting](#) a weekly show on a university network 'Tone Radio'.

Graduating from University with a first-class honours degree in journalism, she has gone onto freelance for publications and news channels such as Men's Health, Oxford Mail, and TRT World.

She has a wealth of experience from interviewing public figures and celebrities to presenting and hosting live productions in the studio and on location.

In addition to her presenting career, Natalie is also a regular [health and fitness](#) blogger and published writer for fitness magazines. Natalie is a strong woman competitor, ex-bodybuilder and military instructor. Watch out, she might challenge you to a press up competition!

