



Rosie Swale Pope

Global adventurer, marathon runner and author

Global Adventurer Rosie Swale Pope is recognized as one of the world's most courageous, gutsy women of her generation.

Rosie's biography

Rosie Swale Pope's background

Throughout her life, Rosie has completed numerous marathons in some of the world's most challenging terrains and has embarked upon many adventures including trekking across Chile on horseback and sailing across the globe in a small boat.

In 2003, aged 57, she began a five-year run-around-the-world, travelling 20,000 miles to raise awareness for the early diagnosis of cancer, and to raise funds for an orphanage in Kitezh, Russia.

Her international best-seller book '*Just a little run around the world*' is Rosie's understated yet gripping, heart-rending account of the [resilience](#) of the human spirit to passionately take hold of a noble dream, then triumph over every adversity in life, including the death of the love of her life to make it a reality.

Rosie is also an exceptional storyteller and inspiring corporate [motivational speaker](#) whose messages are full of the inspiring, life-enriching lessons we all need to hear in these challenging, uncertain times.

