



## Sarah's biography

### About Sarah Storey

- DBE
- Winner of eleven Paralympic Gold medals
- Winner of eight Silver and three Bronze Paralympic medals
- Track and road cyclist and swimmer
- Britain's first disabled athlete to win competitions as an able-bodied athlete

### Speaking Style

Enthusiastic, approachable and motivational, Sarah Storey shares her secrets to [success](#) and explains how a winning mind-set can be applied to numerous circumstances.

### Sarah's talks

- **Getting the job done**
- **No boundaries**
- **Constant self-[motivation](#)**

## Sarah Storey

**A successful sportswomen being a winner of eleven Paralympic gold medals**

Paralympic Swimming & Cycling Heroine

