



## Iyanla Vanzant

### #1 New York Times Best-Selling Author

From welfare mother to *New York Times* best-selling author, from the Brooklyn projects to Emmy Award winner, from broken pieces to peace, Iyanla Vanzant is one of the country's most celebrated writers and public speakers, and she's among the most influential, socially engaged, and acclaimed spiritual life coaches of our time.

## Iyanla's biography

### About Iyanla Vanzant

Dedicated to facilitating the growth and evolution of human [consciousness](#), Iyanla's body of work spans over three decades and includes 15 published books, six *New York Times* best-sellers (translated into 23 languages and with sales exceeding eight million copies), CDs, television, radio and stage performances. A woman of passion, vision, and purpose, Iyanla embodies a no-nonsense approach in her message and teaching style. Outspoken, fiery, transparent, truthful, and wise, she is living testament to the value in life's valleys and the power of acts of faith. On stage, as she tours the country, Iyanla uses humor and straight talk to deliver her consistent message of love, forgiveness and living your best life.

Today, Iyanla is the host and executive producer of the award-winning breakout hit "Iyanla: Fix My Life," the No. 1 reality show on OWN: Oprah Winfrey Network. It is here that Iyanla goes behind closed doors and deep inside people's lives to reveal emotionally riveting experiences where she applies spiritual principles to help people gain inner peace and healing by learning to "do the work."

There is no better arena in which to experience Iyanla's dynamic presence as teacher and spiritual guide than in one of her regular weekend retreats at Inner Visions Institute for Spiritual Development. As Founder of Inner Visions World Wide, Iyanla is actively engaged in [personal development](#) courses and on-going training programs for spiritual life coaches, and ordained ministers.

