



Inky Johnson

Former College football player, Sports Motivational speaker and author

Inky Johnson is a popular sports motivational speaker and a football celebrity.

Inky's biography

Who is Inky Johnson?

September 9, 2006. It started as a normal college football game in Neyland Stadium. If anything, the event was an afterthought, dropped into the schedule at the last minute.

For Inky Johnson, though, the game changed everything. A routine tackle turned into a life-threatening injury, and nothing has been normal for Inky ever since. Not with a paralyzed right arm. Not with daily pain. Not with constant physical challenges.

His dream had always been to play professional [sports](#). You might think his injury would have destroyed his motivation and crushed his spirit. But that's only because you don't know Inky.

Who is Inky "Inky" Johnson? He could be described as the survivor of an underprivileged past. He could be described as a refugee of poverty and violence. He could be described as a success story stained by tragedy. But if you look deeper, you'll discover something else.

You'll see a man who looks in the face of defeat and says, "Am I really failing, or is God prevailing?"

You'll see a man gripped by the promise that God has purposes and plans far beyond our own. And you'll be inspired by his relentless determination, which he loves to impart to others through his dramatic story.

Inky has a master's degree in sports psychology from the University of Tennessee. He devotes much of his time to mentoring athletes and underprivileged youth. He and his amazing wife Allison live in Atlanta, Georgia with their beautiful children, Jada and Inky Jr.

Motivation or Inspiration?

“Motivation” is often nothing more than forcing people to do something they don’t really want to do. In contrast, inspiration affects people from within, giving them the ability to accomplish what would otherwise be impossible. Through his walk and his talk, Inky embodies and imparts a truly [inspirational](#) message.

Not that Inky’s injury turned him into an inspiration. It just showed the world the inspirational life he’s been living all along. Executives, sports teams, church members, and young people all benefit from the raw energy of his charismatic speaking. Whether the topic is leadership, teamwork, or [perseverance](#), Inky inspires his audiences to embrace the challenges of life.

Inky's talks

- **Overcoming Adversity: Faith and Perseverance**

Inky Johnson shares his dramatic personal story of overcoming childhood hardship and a career-ending injury to inspire others to believe the impossible is achievable. Whether the topic is leadership, teamwork, or success in life or career, Johnson’s message of faith and perseverance motivates us all to face our daily challenges head on, and to live life with a greater purpose. His journey will resonate with your audience at the core level, empowering them to embrace the challenges of life, while giving them the inspiration and resilience to accomplish their goals and bounce back from defeat.

- **Process over Product**

The process is about what you become on your journey. The personal growth you achieve during the process is way more significant than the product (outcome, goal, dream aspirations, etc). If you focus solely on the goal you wish you meet, if you give yourself permission only to celebrate your accomplishments, you’ll completely miss out on one of the most amazing things about this whole process: your personal growth.

Each step of the way, every hurdle and every success is an opportunity to reflect, to celebrate and to revise your process accordingly. By putting all of your attention on the end result, you’ll forget to take a look at all of the changes that are occurring as you’re finding your way.

- **Honor and Legacy**

Despite what we go through we must always keep two things in mind-honor and legacy. Honor the ones that came before and leave a legacy for the ones coming behind you.