



Harriet Pavlou

World Champion Panna athlete and prominent football [influencer](#)

Former Arsenal and England National Team Academy player Harriet Pavlou has taken the Football Freestyle and Street Soccer world by storm. Harriet's amazing football skills have seen her catch the attention of global brands, showcase events and the worldwide [media](#).

Harriet's biography

Harriet Pavlou's Background

In 2021, Harriet made history becoming the first non-professional female player to take part in Soccer Aid. One of the most successful female freestyle athletes of all-time, Harriet proudly uses her platform to be an advocate for [diversity](#), equality and inclusion.

She regularly travels across the world performing in stadiums, arenas and private events. Her free-styling talents are always very popular for audiences of all ages.

Harriet has made television appearances in the UK and overseas. Notable appearances include, Loose Women, Count Down and 4Music Trending Live. She has also appeared as part of the Adidas Glitch activation, Puma/Arsenal social [media](#) collaboration, and other promotions on behalf of Nike, Sports Direct and Amazon.